



Container Size	3 Gallon	5 Gallon	7 Gallon	10 Gallon	15 Gallon	20 Gallon
Approximate Days of Nutrients provided by Stonington	21 Days	30 Days	42 Days	60 Days	90 Days	120 Days

Suggested Nutrient Addition After Stonington Blend's Provided Nutrients Are Consumed

3 - 10 Gallon Pots	Use between vegetative weeks 4-8	Stonington Blend Plant Food	1/4 cup Stonington Plant Food	<ul style="list-style-type: none"> Feed Stonington Plant Food 2 times in mid to late veg. stage (typically between veg. weeks 4-8 depending on length). Feed 1/4 cup per plant and scratch into the top couple inches of soil, then water moderately.
	Use between flower weeks of 1-6	Fish Bone Meal	1/4 cup Fish Bone Meal	<ul style="list-style-type: none"> Feed Fish Bone Meal 3 times in early to mid flower stage (beginning of weeks 1,3, and 5 have been very successful). Feed 1/4 cup per plant and scrape into the top couple inches of soil and water moderately.
	Last week of veg	Earthworm Castings	Top Dress	BONUS: Add Earthworm Castings! Top dress each plant in the last week of veg, and the halfway point of their flower weeks (2 total times).
15 - 20 Gallon Pots	Use between vegetative weeks 4-8	Stonington Blend Plant Food	1/2 cup Stonington Plant Food	<ul style="list-style-type: none"> Feed Stonington Plant Food 2 times in mid to late veg. stage (typically between veg. weeks 4-8 depending on length). Feed 1/2 cup per plant and scratch into the top couple inches of soil, then water moderately.
	Use between flower weeks of 1-6	Fish Bone Meal	1/2 cup Fish Bone Meal	<ul style="list-style-type: none"> Feed Fish Bone Meal 3 times in early to mid flower stage (beginning of weeks 1,3, and 5 have been very successful). Feed 1/2 cup per plant and scrape into the top couple inches of soil and water moderately.
	Last week of veg	Earthworm Castings	Top Dress	BONUS: Add Earthworm Castings! Top dress each plant in the last week of veg, and the halfway point of their flower weeks (2 total times).

For Growers Using Our Amendments with a Basic Potting Soil

3 - 10 Gallon Pots	Use between vegetative weeks 4-8	Stonington Blend Plant Food	1/2 cup Stonington Plant Food	<ul style="list-style-type: none"> Feed Stonington Plant Food 3-4 times in mid to late veg. stage (typically between veg. weeks 4-8 depending on length). Feed 1/2 cup per plant and scratch into the top couple inches of soil, then water moderately.
	Use between flower weeks of 1-6	Fish Bone Meal	1/2 cup Fish Bone Meal	<ul style="list-style-type: none"> Feed Fish Bone Meal 4 times in early to mid flower stage (beginning of weeks 1,3, and 5 have been very successful). Feed 1/2 cup per plant and scrape into the top couple inches of soil and water moderately.
	Last week of veg	Earthworm Castings	Top Dress	BONUS: Add Earthworm Castings! Top dress each plant in the last week of veg, and the halfway point of their flower weeks (2 total times)
15 - 20 Gallon Pots	Use between vegetative weeks 4-8	Stonington Blend Plant Food	3/4 cup Stonington Plant Food	<ul style="list-style-type: none"> Feed Stonington plant food 3-4 times in mid to late veg. stage (typically between veg. weeks 4-8 depending on length). Feed 3/4 cup per plant and scratch into the top couple inches of soil, then water moderately.
	Use between flower weeks of 1-6	Fish Bone Meal	3/4 cup Fish Bone Meal	<ul style="list-style-type: none"> Feed Fish Bone Meal 4 times in early to mid flower stage (beginning of weeks 1,3, and 5 have been very successful). Feed 3/4 cup per plant and scrape into the top couple inches of soil and water moderately.
	Last week of veg	Earthworm Castings	Top Dress	BONUS: Add Earthworm Castings! Top dress each plant in the last week of veg, and the halfway point of their flower weeks (2 total times)

*Take caution not to over water! For any of these nutrient scenarios (without liquid fertilizer) watering to run-off or too much rain can cause the soluble nutrients to wash away. In that case, additional nutrients need to replace those that run-off.